

HOW TO PREPARE

FOR YOUR WEDDING DAY



Preparing for your wedding hair and makeup involves a few key steps to ensure you look and feel your best on the big day. Here's a guide to help you get ready:

1. Start Early

- **Research and Inspiration:** Start collecting pictures of hairstyles and makeup looks that you like. Instagram and your artist's portfolio are great places to gather ideas.
- **Book Your Stylist/Artist Early:** Wedding hair and makeup artists can get booked months in advance, so secure your professionals as soon as possible.
- **Trial Runs:** Once booked in with your hair and makeup artist, schedule a trial session at least 2-3 months before your wedding. This gives you time to make adjustments if needed.

2. Prepare Your Skin

- **Skincare Routine:** Begin a consistent skincare routine a few months before the wedding. Hydrate, exfoliate, and moisturize regularly for a glowing complexion.
- **Facial Treatments:** If you want a facial or any treatments, do them 2-3 weeks before the wedding to avoid any potential skin reactions.
- **Avoid New Products:** Don't introduce new skincare or makeup products in the weeks leading up to the wedding, as they may cause breakouts or irritation.

3. Prepare Your Hair

- **Haircut and Color:** If you're planning to get a haircut or color before the wedding, do so 1-2 weeks prior to avoid any "just cut" looks or overly vibrant colors.
- **Conditioning:** Deep condition your hair to ensure it's healthy and manageable. Use leave-in treatments or oils for added shine in the weeks prior.
- **Avoid Heat Styling:** In the weeks leading up to the wedding, try to minimize heat styling to keep your hair in the best possible condition.





4. The Trial Run

- **Bring Pictures:** Bring photos to show your stylist and makeup artist what you're envisioning.
- **Discuss Your Vision:** Be clear about your wedding theme, dress style, and personal preferences.
- **Test the Look:** Try different variations of your hairstyle and makeup during the trial to see what works best. This is your chance to make adjustments. Make sure to speak up as your artist is there to help you.
- **Take Photos:** Take pictures in different lighting to see how your hair and makeup looks in photographs.

5. Day-Of Preparation

- **Skin Prep:** On the morning of your wedding, cleanse and moisturize your skin. Don't apply too much product, as your makeup artist will do this.
- **Hair Prep:** Ensure your hair is washed and blowdried the night before. Try to avoid putting your hair up throughout the morning.
- **Stay Hydrated and Rested:** A good night's sleep and plenty of water will help keep your skin glowing and your energy high.

6. Communicate with Your Stylist/Artist

- **Last-Minute Details:** Timings and location should be all agreed prior to the day with your artist so make sure to make note of any changes and make sure everyone involved is aware. Share the schedule with your bridal party and make sure everyone is there in the right location for the start time.
- **Have a Touch-Up Kit:** Your artist will provide you with the name of your lipstick and other important products for you to purchase before hand or will have a touch up kit for you to pop in your bag for any touch ups that are needed during the day.

7. Relax and Enjoy the Process

- Trust your professionals and allow them to work their magic. Enjoy the experience, and know you'll look your absolute best on your wedding day!

By preparing well in advance and keeping the lines of communication open with your team, you'll feel confident and beautiful on your wedding day.

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